

# The Parish Magazine

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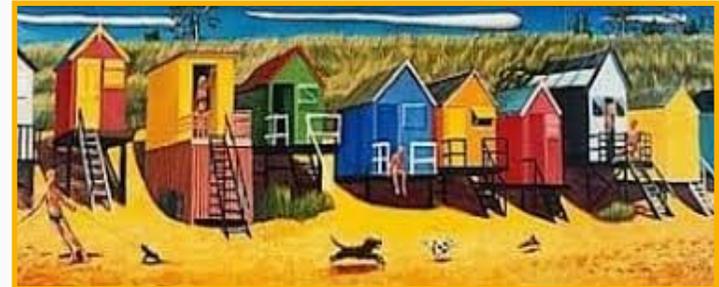
August 2022



ST. GEORGE'S, BREDE



ST. MARY'S, UDIMORE



## The Benefice of Brede with Udimore: Beckley & Peasmarsh

### Benefice Clergy

#### RECTOR

**The Rev'd Dr. Owen Edwards**

The Rectory, Brede Hill, BREDE TN31 6HG

Telephone: 01424 822201

email: rector@stgeorgesbrede.org.uk

#### RETIRED PRIESTS

**The Rev'd Jim Hobbs**

**The Revd Barbara Hobbs**

Courtyard Cottage, Main Road, WESTFIELD TN35 4QE

Telephone: 01424 756479

**The Rev'd Dr. Bill Dolman**

Little Belhurst Cottage, Hobbs Lane, BECKLEY TN31 6TT

Telephone: 01797 260203

#### St. GEORGE'S CHURCH, BREDE

<https://www.stgeorgesbrede.org.uk/>

#### CHURCHWARDENS:

**Mr. Duncan Reid**

Perryfield, Stubb Lane

BREDE TN31 6EH

Telephone 01424 882412

**Mr. David Oliver**

2 Bellhurst Cottages, Chitcombe Road

Broad Oak, TH31 6EU

Telephone: 01424 882037

email: davidoliver489@gmail.com

#### St. MARY'S CHURCH, UDIMORE

<https://www.stmarysudimore.org/>

#### CHURCHWARDENS:

**Mrs. Zoe Wilmoth**

The Hammonds, UDIMORE TN31 6AJ

Telephone: 01797 227745

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**VACANT**

#### TREASURER - BREDE AND UDIMORE

**Mr. Harry Curtis,**

**Fairlight View, Udimore Rd,**

Udimore TN31 6BG

Telephone 01424 883246

email: harry@ecooffice.eu



THE CHURCH  
OF ENGLAND

## THE PARISH CHURCHES OF ST. GEORGE, BREDE and ST. MARY, UDIMORE

Worship in our Parish Churches centres on the Holy Eucharist at which members meet together to offer themselves to God, and draw strength for their daily lives.

Our churches are open for prayer during the day.

### WEEKDAY HOLY COMMUNION AT BREDE

Wednesday 10.30am

### SUNDAY SERVICES

#### BREDE

Family Eucharist at 9.30am every Sunday

#### UDIMORE

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Family Service at 11:15 - 2nd Sunday,

Holy Communion at 8.00am - 2nd & 5th Sunday

..

#### MESSY CHURCH

First Tuesday of the Month - 4.00pm in the Hall at Udimore.

For those who are sick, housebound or aged, it is a privilege to bring the Blessed Sacrament to their home at any time – day or night.

Those seeking Baptism, First Communion or Confirmation for themselves or their children, Marriage, the Laying on of Hands, Anointing in times of sickness, or

Funerals should contact

the Rector directly

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*To subscribe to the parish magazine please contact :-*

**Sue Rowan - sue\_rowan@yahoo.co.uk**

## BREDE AND UDIMORE PARISH CONTACTS

**MAGAZINE:** *For any item to be included in the Magazine please submit by 15<sup>th</sup> of month prior to publication.*

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## The Benefice of Brede with Udimore: Beckley & Peasmarsh

### *From the Rector's Pen*

Dear Friends,

A recent piece of diocesan training from a far-flung & distant corner of the Church of England disparagingly said of the ancient pattern of Christian worship: *'The old ways don't work anymore. We shouldn't be doing the same old cycle of Harvest, Advent & Christmas every year. We must keep changing.'* While I am sympathetic to the notion that we must adapt to the challenge of changing circumstances, I am also deeply aware of the profound importance of tradition, especially in rural parts. Rural people are deeply attuned to the ordinary rhythms of the natural world, that constant cycle of death & rebirth that follows the passage of the seasons with clockwork regularity.

The Church too once understood this ancient, rural wisdom & based the pattern of her own worshipping life on nature's ceaseless cadences, which is why the vibrant green of summer is reflected in the vestments worn by the priest at *Mass*. These will fade into the autumnal red of *Kingdomtide*, before darkening to the sombre purple - blue of winter's *Advent* & finally the return of light & life with the new shoots of spring at *Easter*. To celebrate then, these great cyclical festivals of the Church, is not to be antiquated or obsolete, but is rather a reflection of the reverence & respect we show for the power & beauty of this earth which is our home. There is something spiritless & arrogant about the misguided desire to be free from the natural flow of things, like King Canute vainly trying to hold back the relentless rush of the tide.

If the growing threat of climate change has



taught us anything, it is this: we are *not* the masters of nature.

As I write this, the radio playing softly in the background brings the grim news of the first ever warning for extreme heat in the UK, with temperatures expected to be the highest on record. A sobering reminder of the stark reality of the growing environmental crisis & more than this – that our stewardship of the world which God has entrusted to our care has been all too often marked by recklessness & greed.

Later this month, we welcome the return of our famous & much-anticipated Brede Flower Festival. We hope that you will be able to join us for this wonderful celebration of all that is good & beautiful about the created world. Yet, even as we enjoy the comeliness of the colourful flowers, we should remember that even these will wither & die. That is the right & proper way of things. To accept this is to reject the mechanistic thinking of our age – which is continuously clamouring for the novel & the ephemeral & is instead to acknowledge a perennial truth, so poignantly expressed in

### **Robert Frost's *Nothing Gold Can Stay*:**

*Nature's first green is gold,  
Her hardest hue to hold.  
Her early leaf's a flower;  
But only so an hour.  
Then leaf subsides to leaf.  
So Eden sank to grief,  
So dawn goes down to day.  
Nothing gold can stay.*

This August, in the warm glow of summer's twilight, I pray that we all might rediscover something of the *'the old ways'* & the ancient truths contained therein. In so doing, may our appreciation & care for the world in which we live be deepened & renewed.

***God bless you all , Fr. Owen***



## A SAINT FOR AUGUST

### Mary Sumner - 9th August

**Mary Sumner** (1828 - 1921) Founder of the Mothers' Union, a world-wide Anglican women's organisation. She is remembered in the Church of England with a Lesser Festival on 9th August

Mary Elizabeth Heywood was born near Salford, Lancashire, Her father Thomas Heywood was a banker & keen antiquarian & her mother was a woman of personal piety. The family moved to Ledbury, Herefordshire, in 1832, where Sumner's mother held mothers' meetings. A year after their arrival in Herefordshire, Sumner's six-week-old brother died. Her mother's faith, her women's meetings & her brother's infant death may have all inspired Sumner decades later to begin the Mothers' Union.

Educated at home, Mary learned to speak three foreign languages & sing well. To complete her musical education, she travelled with her mother & elder sister to Rome. Whilst there she met her future husband, George Henry Sumner, the son of Charles Richard Sumner, the Bishop of Winchester & a relative of William Wilberforce. They were married in 1848, 18 months after George's ordination as an Anglican cleric & had three children: In 1851, Rev. George Sumner received the living of Old Alresford, Hampshire, in his father's diocese. Mary dedicated herself to raising her children & helping her husband in his ministry by providing music & Bible classes.

When her eldest daughter gave birth, she was reminded how difficult she'd found the burden of motherhood. Inspired, Sumner publicized a meeting of mothers in the parish to offer mutual support. Her plan was quite radical in its day as it involved calling women of all social classes to support one another & to see motherhood as a profession as important as those of men, if not more so. At the first meeting Sumner was so overcome by nervousness that her husband had to speak for her & invite the women to return next week. This time she gathered enough courage to lead her own meeting.

In 1885, she was part of the audience in the Portsmouth Church Congress The first Bishop of Newcastle, Ernest Wilberforce was asked to address the women churchgoers. He felt that he had very little to say to them & invited Sumner to speak in his stead. Although nervous, she gave a passionate address about national morality & the importance of women's vocation as mothers. A number of the women went back to their parishes to found mothers' meetings on Sumner's pattern. The Bishop of Winchester, Edward Browne, made the Mothers' Union a diocesan organisation.

The Mothers' Union concept spread throughout the U. K.. By 1892 they had 60,000 members in 28 dioceses & by the turn of the century, they had grown to 169,000 members. Annual general meetings began in 1893, & the Mothers' Union Central Council was formed three years later. Sumner was unanimously elected president, a post she held into her nineties. In 1897, during her Diamond Jubilee, Queen Victoria became patron of the Mothers' Union, giving it an unprecedented stamp of approval & they set up branches throughout the British Empire, beginning in New Zealand, then Canada & India. Sumner lived to lead the Mothers' Union to act in rebuilding the heart of Britain after the First World War & saw the first Mothers' Union Conference of Overseas Workers in 1920. She died on 11 August 1921 at the age of 92, & is buried with her husband in the grounds of Winchester Cathedral.

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## Parish Services for August

### St George's Brede

Sun 7th : 9.30am Sung Eucharist  
Wed 10th : 10.30am Eucharist  
Sun 14th: 9.30am Sung Eucharist  
Wed 17th: 10.30am Eucharist  
Sun 21st: 9.30am Sung Eucharist  
Wed 24th: 10.30am Eucharist  
Sun 28th: 9.30am **Benefice Eucharist**  
(*Flower Festival*)

### St Mary's Udimore

Sun 7th: 11.15am Family Eucharist  
Sun 14th: 8.00am Holy Communion  
11.15am Family Eucharist  
Sun 21st: 11.15am Family Eucharist  
Sun 28th: 9.30am **Benefice Eucharist**  
at St George's Brede (*Flower Festival*)

### NOTICES,

From the month of August onwards, services on the 5th Sunday of the month, will be replaced with a Benefice Eucharist to be rotated between each of the 4 churches in the **Benefice of Brede with Udimore: Beckley & Peasmarsch** and be held at the normal time of services in each church.



## Table of Readings for August

**Sunday 7th** - Eighth Sunday after Trinity  
*First Reading: Genesis 15. 1-6*  
*Psalm: 33.12-21*  
*Second Reading: Hebrews 11.1-3,8-16*  
*Gospel: Luke 12.32-40*

**Sunday 14th** - Ninth Sunday after Trinity  
*First Reading: Jer. 23. 23-29*  
*Psalm: 82*  
*Second Reading: Hebrews 11. 29-12.2*  
*Gospel: Luke 12. 49-56*

**Sunday 21st** - Tenth Sunday after Trinity  
*First Reading; Isaiah 58. 9 - end*  
*Psalm: 103.1-8*  
*Second Reading: Hebrews 12. 18 - end*  
*Gospel: Luke 13. 10 - 17*

**Sunday 28th** - Eleventh Sunday after Trinity  
(Benefice Service in St. George's ONLY)  
*First Reading: Eccclus10. 10 -18*  
*Psalm 112*  
*Second Reading: Hebrews 13. 1-8, 15 - 16*  
*Gospel: Luke 14. 1, 7 -14*



## BREDE & UDIMORE LUNCHEON CLUB

When one of our members entered the Village Hall for our June lunch, a chance remark was over heard: "I wonder what's on the menu today?" Well, the surprise was, a main course with a flavour of France- Beef Bourguignon served with vegetables and a dessert with a taste of England- strawberries and cream! Thank you Gary & Lindsey for your inspired meal & our thanks also, to all the members who helped with serving the lunch & in the kitchen afterwards.

There is no Lunch Club in August. We meet again on **Tuesday 27th September at 12.30. p.m. in Brede Village Hall.**

Please remember to inform me if you are unable to attend. ( Contact details below)  
**The Committee wish all our Members a Happy Summer Break.**

**For information please contact:**

**Frances Parnham. Secretary & Membership :T. 01424 882007**

## 4Charities

Providing support overseas

### Dates for your diary

**Saturday 13th August - Tea Party @ Chitcombe, 2.00-5.00pm**

Delicious tea & cake on the lawn at Chitcombe Oast, Broad Oak  
Free entry but donations welcome. Parking Available

If anyone needs a lift...please contact Liz: 01424 882657 Or Judy : 01424 882222

**Friday 2nd September - Soup & Scrabble, 12 noon**

**Udimore Community Hall**

*Everyone very welcome. No previous experience required!*

For more information or if you would like to make a donation

**Contact Liz Turgoose on 01424 882657**

4Charities is the Overseas Group of St. George's, Brede and St. Mary's, Udimore and **ALL** the funds raised are distributed amongst the four overseas charities that the group support.

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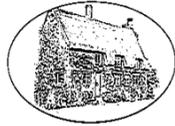
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**Brede WI**

On a sunny afternoon in July, Brede WI's Meeting opened with a warm welcome to members & our visiting speakers from the RNLI in Rye. Following the singing of Jerusalem, the business part of the meeting got underway.

'Correspondence' referred to the review, published in 'WI Life', of the National Federation's Annual Meeting held in Liverpool recently. The Resolution calling for funding & research into autism & ADHD in women & girls, was voted for overwhelmingly & will now be a new WI campaign. Members were also reminded to keep up to date on local WI matters published in the monthly East Sussex Newsletter & available online.

A recent trip on the Dungeness, Hythe & Dymchurch Railway was a great success & we are now looking forward to visiting the Stevenson Brothers Rocking Horse Factory in Bethersden, in late July. Brede WI does not meet in August, but even so, we have planned to gather together & have a Summer pic-nic! Maggie Sandra has kindly offered her garden for this fun occasion.

The birthdays of the month were many! Members celebrating their birthdays in July & August were wished, 'Happy Birthday' as they received a card & chose a plant from the colourful display on the stage.

It was a pleasure to introduce our speakers, Lucy, Chris & Steve from the RNLI, based in Rye. It was Lucy's turn first, who is a member of the lifeboat crew. She bravely dressed up in her equipment on this hot day & explained about the various layers, including the thermal undersuit & fleece. The final layer is the dry suit & is sealed at the neck & cuffs & is completely waterproof. The life jacket inflates & also carries lights & flares. Waterproof boots complete the clothing. The helmet, with a visor, houses a headset for communication.

Chris, who is based at the Boathouse in Rye, then gave an overview of the History of the RNLI. It was established in 1824. (In 2years time it will be their Bi-centenary !)But it wasn't until 1833 that Rye had its first lifeboat station. Later, they operated from Camber & then Winchelsea for a short time before eventually moving to Rye Harbour. Fast forward to 1966 & a new boat house was built to accommodate the modern D class boat, The present station at Rye Harbour, was completed in 1995.

Steve, who also works at the boathouse, is in charge of launching the lifeboat with aid of a tractor. He told us about the boats & the crew's expertise in handling the crafts & equipment, when responding to an emergency.

Our 'trio' of speakers gave us a very informative & inspiring presentation about all aspects of the work of the RNLI. It's truly remarkable that this Charity is manned by volunteers. Question time followed & Rhiannon Oliver gave a vote of thanks.

**The ACWW competition: A Seaside Item**, Won by Pat Shipley, with her display of shells, bucket & spade.

**Brede WI's next Meeting is Wednesday 14th September at 2.00. p.m. in Brede Village Hall. Our speaker is David Clark and his talk is entitled: On Board the Queen Mary.**

**The ACWW Competition is: Boats**

*For information on Brede WI please contact, Beryl Jenkins, Tel: 01424 883475  
Frances Parnham*

**theWI**  
INSPIRING WOMEN



## BREDE VILLAGE NEWS

**TREASURER WANTED!** St. George's Church Brede are looking for someone to take on the position of Treasurer for the church. Harry Curtis has undertaken this role for several years & now wishes to retire. If you are interested in taking over from him or would like to know more about what is involved please would you contact The Rector, The Rev'd Dr. Owen Edwards, the Churchwardens or Harry himself. All contact details are shown in this copy of the Church magazine

### Brede Design with Flowers

There's no meeting in August but Sue & Rhiannon will be available if anyone needs to discuss their Flower Festival Design on our usual meeting day - **Thursday 11th August at 2pm** It may be that this is done at the July meeting giving us all a break until Thursday 8th September.



We both wish all our members & those who arrange flowers in the Church a restful August, well at least until we're arranging for the Flower Festival when we will be very busy. If you need to contact us you can reach

**Rhiannon Oliver on 01424 882037 / email [r.oliver641@btinternet.com](mailto:r.oliver641@btinternet.com) or Sue Sturmev 01424 882544 / email [susan.sturmev@btinternet.com](mailto:susan.sturmev@btinternet.com)**



### Brede Painting for Pleasure

**Art Exhibition  
Brede Village Hall  
Sat 27<sup>th</sup>, Sun 28<sup>th</sup> and Mon 29<sup>th</sup> August  
10am to 4.30pm**

*Brede Painting for Pleasure Group exhibition of work by local artists.*

*Entry and parking is free. There will be refreshments and a raffle (the prize is an original piece of artwork)*

## Classes & Activities - UDIMORE

### ST. MARY'S COMMUNITY HALL

Planning an event - Looking for a venue?  
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Events on a Friday may have to finish by 14.00pm  
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#### Saturday & Sunday

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Hire charges for some events over 6 hours may be negotiable.

#### Weddings

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For all further details and booking, please contact:

**Email: [udimorehallbooking@gmail.com](mailto:udimorehallbooking@gmail.com)**

## Classes & Activities - UDIMORE

**ADULT BALLET:** Thursday 11.00 -12.00am

*Aysha Jamieson 0788 435 5818*

**4 CHARITIES-SOUP & SCRABBLE:** 1st Friday every month ....12.00 - 2.00pm

*Liz Turgoose 01424 882657*

**MESSY CHURCH:** 1st Tuesday every month 4.30 - 5.30pm

*Lesley Curtis: 01424 883246*

**PILATES:** Monday - Thursday 9.15 - 11.15am (*Term time*)

*Susan Taber: 07858 518504 [susantaber66@yahoo.co.uk](mailto:susantaber66@yahoo.co.uk)*

*All classes in term time stop over half term & school holidays*

**Enquires contact Community Hall Booking:  
[udimorehallbooking@gmail.com](mailto:udimorehallbooking@gmail.com)**



## Brede Flower Festival

'The Life of our Queen'

**August Bank Holiday Weekend**

**10am - 4pm Saturday & Monday**

**11am - 4pm Sunday**

*Coffee, lunch, tea & cakes available at the Scout Hut*

**Book stall in the Church Room**

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**The Art Exhibition - Brede Village Hall**

AND

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**from**

**10am - 4pm on the Bank holiday Monday**





## UDIMORE VILLAGE NEWS

### ST MARY'S UDIMORE NEEDS A NEW CHURCHWARDEN

*The churchwarden is a lay official in a Parish usually working as a part-time volunteer. Churchwardens have a duty to represent the laity & co-operate with the incumbent. Churchwardens are legally responsible for all the property & movable goods belonging to a parish church, as well as organising the services together with a team.*

If you are interested in the role of Churchwarden at St Mary's, please contact Fr Owen on 01424 822201 or [rector@stgeorgesbrede.org.uk](mailto:rector@stgeorgesbrede.org.uk)



**St. Mary's Hall** was built in 2010 & is looked after by the local parish & members of the community. The hall is down a quiet country lane amongst orchards & a peaceful, rustic setting. It is home to classes & community events but it also hosts several wedding receptions each year. Some weddings take place at St Mary's Church just opposite the hall, others take place in nearby Rye or other surrounding ceremony venues. The outside space offers a lovely lawn surrounded by hedging

### Udimore 2022 Platinum Jubilee

#### A photobook of all the residents of Udimore

The Udimore PCC have given me the task of trying to create a Unique time capsule of all the residents of Udimore as a way of marking the Platinum Jubilee 2022.

I propose producing a time capsule book of all the residents of Udimore in 2022. To do this I would appreciate the community's cooperation to allow me to come and take a picture of each resident outside their properties as a way to mark the historic achievement of her Majesty Elizabeth II reining over us all for the past 70 years

**Nigel Andersen**

Please call Nigel Anderson to arrange a convenient time to have your picture taken T: 07767 688623 or email: [nigelljanderson@gmail.com](mailto:nigelljanderson@gmail.com)



## Classes & Activities - BREDE

### BREDE VILLAGE HALL

Planning an event - Looking for a venue?  
Our Village Hall is a bright, modern building with central heating, a large car park, a well fitted kitchen and disabled facilities.

#### Monday – Friday

**Residents:** 8.00 am - 11.00 pm £9.00 per hour  
**Non- Residents** 8.00 am - 11.00 pm £11.00 per hour

#### Weekends

**Residents:** 8.00 am - 11.00 pm £11.00 per hour  
**Non- Residents:** 8.00 am - 11.00 pm £13.00 per hour

**Small Committee Room** £6.00 per hour

#### Special rate for children's parties

Tues - Fri 4.00pm - 6.00p.m. £9.00 per hour

#### Village Hall Booking:

Lesley Bannister: [villagehall.brede@gmail.co](mailto:villagehall.brede@gmail.co).

Vice Chair & hall caretaker Cherry McCleery

Email [vicechair@bredevillagehall.org.uk](mailto:vicechair@bredevillagehall.org.uk)

Bookings can also be made online

<http://www.brede-pc.org.uk>

*Go into village hall screen and make provisional booking, this is then automatically emailed to me for verification, you can always go back onto the site later to see if you provisional booking in grey has changed to green which means it is then booked. An Invoice will be then sent to you for payment for your booking. Please supply a postal address.*

## Classes & Activities - BREDE

**ADULT BALLET:** Thursday 11.00 – 12.30

Aysha: [studiojamie@icloud.com](mailto:studiojamie@icloud.com)

**BREDE LUNCHEON CLUB:** 4<sup>th</sup> Tuesday of the month 12.30

Frances: 01424 882007

**CRAFTERS:** last Wednesday of the month 2.00

Lesley: 07764847234

**FARMERS MARKET:** Friday 10.00 – 12.00

**JAZZ DANCE & STRETCH:** Thursday 9.45 – 10.45

Aysha: [studiojamie@icloud.com](mailto:studiojamie@icloud.com)

**NATIONAL TRUST:** 3<sup>rd</sup> Thursday of the month 2.00

Philip: 01424 883420

**PAINTING FOR PLEASURE:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Tuesday 9.30 – 12.30 (in the months that have 5 Tuesdays there will be an extra class)

Ann Cootes 01424 882524

**PILATES:** Every Thursday 6.30 – 7.30

Geraldine: 07811141873

**SHORT MAT BOWLS:** Every Friday 7.30 – 9.30

Sue McGavin 01424 883566 / Lynne Bramley 01424 882252

**VOCALITY:** Every 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> Thursday, 2.00 - 3.30pm (Term Time)

Nadia: 01424 8882948 [nadia.florence@btinternet.com](mailto:nadia.florence@btinternet.com)

**WI:** 2<sup>nd</sup> Wednesday of the month 2.00 – 4.00

Beryl: 01424 883475

**YOGA:** Tuesday 7.30 – 8.30pm

Jodie: [jpreaser38@gmail.com](mailto:jpreaser38@gmail.com)

**YOGA:** Wednesday 9.30 – 10.30am

Jodie: [jpreaser38@gmail.com](mailto:jpreaser38@gmail.com)

**All classes in term time stop over half term & school holidays**

**For further information contact: Lesley Bannister: 07764847234**

**Or Just Turn Up!**

**STOP PRESS!**



**“A Trailer Tour of the Hop Gardens at Parsonage Farm “**

To watch the hop picking & processing operation in the oast house.  
Followed by lunch or tea at Tibbs Café  
Trailer rides limited to 20 people at a time.

**Dates 1<sup>st</sup> – 15<sup>th</sup> September**

Times and tickets still to be settled.

**With the kind permission & generosity of Mr. & Mrs. Robert Wheeler.**

Further details to follow. Liz Dean 07789417820

**The Friends of St. Mary's Church, Udimore**

**A TALK ABOUT BEES**

**Saturday 15<sup>th</sup> October 2pm**

**Udimore Hall**

**Sheila Fellows- Turnbull**

Chair of Hastings & Rother Beekeepers Association.



Followed by the customary scrumptious tea

*This function is a little way off but please put this date in your diary – something to look forward to in the autumn.*

**Charity Number 292990**



### VOCALITY - Your Local Choir

Do you like to sing? Then please come and join us.

Vocality meet every **Thursday at 2pm in Brede.**

We sing a wide variety of music, chosen by us or our Musical Director, Duncan Reed. No need to be able to read music, we learn by repetition. We are friendly, enthusiastic and would welcome you to our group.

After a long period of uncertainty and fear, music has been a saviour for many of us. Singing has been scientifically proven to improve our feeling of well being, especially as a group. We restart in September, venue to be decided.

**Please contact Nadia on 01424 882948 for more information**



At our meeting on **July 6th**, which was held in David and Rhiannon's delightful garden, Karen Hill the Diocesan President of the Mothers Union came to talk to us about the vision, aims and mission of M U in these changing times. She emphasised the importance of a flexible and inclusive approach to the challenges faced in society as we continue to try to help those in need.

It was lovely afternoon with conversation and a delicious and very welcome afternoon tea provided by Rhiannon.

Our next meeting will be on

**August 9th - Mary Sumner's Day - in St George's Church**

**Rosemary Crouch**

## St Michael's hospice

### The St Michael's Hospice Open Garden season for 2022,

This year's Open Gardens span the breadth of Hastings & Rother. 55 spectacular gardens are opening their garden gates until August 2022.

For more information visit: [www.stmichaelsospice.com/opengardens22](http://www.stmichaelsospice.com/opengardens22)

**Follow that Duck:** For ten weeks this summer the streets, gardens & beaches of Hastings, St Leonards on Sea & Bexhill on Sea are being brought to life by a flock of fabulous rubber duck art sculptures. Each of the thirty giant ducks has been hand painted with an individual design, many of which showcase the artistic talent within East Sussex. The trail creates a free, family friendly activity this summer, & features twenty-one rubber ducklings which have been adorned with delightful designs by children & young people in local schools & community groups. The ducks arrived on the streets on 24th June & residents & tourists have until 4th September to find all fifty-one sculptures. Pick up a map or download the Follow that Duck app, get out, explore the area, & support St Michael's Hospice along the way. For details about the trail, app & map visit [www.followthatduck.co.uk](http://www.followthatduck.co.uk)

### The Rye and District Country Show - Saturday 20<sup>th</sup> Aug 2022, 10.00am – 4pm

Is returning to Elm Tree Farm in Icklesham, so come along & enjoy a fun family day. Horse Show, Dog Show, Classic Vehicle Display, Country Fair & much more!

**Entry - £5.** Free for under 16s. This event is kindly hosted by the Rye & District Country Show committee in aid of St Michael's Hospice.

**Moonlight & Memories Walk Saturday 10<sup>th</sup> September 2022:** St Michael's Hospice is delighted to announce a new 10K route which begins & ends in the Hospice gardens. Join together with family & friends to celebrate life, love & friendship under the light of the full moon. Light up the Hospice gardens with special paper lanterns which you are welcome to decorate at home before the event & while the tea lights flicker, take time to remember your loved ones. No matter your age or ability, everyone is welcome to take part & share in this time of reflection.

**Tickets are on sale from [www.stmichaelsospice.com/moonlightmemories](http://www.stmichaelsospice.com/moonlightmemories)**

**Shop online at St Michael's Hospice eBay store** - Looking to support St Michael's Hospice from the comfort of your own sofa? If you love a bit of bargain hunting, why not have a virtual browse at their eBay shop? It's ready to make you the proud owner of some fantastic pre-loved items.

**Check out [www.ebay.co.uk/str/stmichaelsospiceshop](http://www.ebay.co.uk/str/stmichaelsospiceshop) today.**



## There are no events planned for August

### Friday 9th September - Annual Golf Day

This will be held at Tenterden Golf Club where we had a very successful competition last year. The cost of entry will be similar to last year, and **Entry Forms will soon be available**. Those members who played last time will be sent an Entry Form. If you've not played before, but would like to, please contact **Marion Brunt (01424-883566 [marionbrunt@btinternet.com](mailto:marionbrunt@btinternet.com))**.

### Thursday 15 September 11.00.am - Meet and Greet 2022

**Sissinghurst** have very kindly agreed to host our free event this year. This is an opportunity for members, prospective members & friends, to meet the committee & other members of the Rye & District National Trust Association. We have arranged private tours of the rooms & magnificent gardens, at what was once the home of Vita Sackville West and Harold Nicholson. Please note that entry to the site is free for National Trust members, however, the usual entrance fee will be payable by non-members. Refreshments are provided. On entry, please advise staff that you are attending the Rye & District Meet & Greet. So that we have an idea of potential numbers, please contact our Bookings secretary, **Louise Hull on 07791 383323 or [louisehull4@gmail.com](mailto:louisehull4@gmail.com)**.



**Philip Romani 01424 883420**

You can see more details of these events in our Newsletter at [www.nationaltrust.org.uk>features>rye-and-district-association](http://www.nationaltrust.org.uk/features/rye-and-district-association).



## Summer Picnic Pleasure

*There's nothing quite like setting out on a journey (picnic basket in hand, or packed in the car) to a favourite spot. We all have a menu of delicious eats & there's always a family favourite. This is a simple meal in one that's a hit every time.*

### Courgette, Chard, Basil, Parsley and Goat's Cheese Pastry

Oven: 200C/ 180C F/Gas 6. (Makes 4)

#### Filling

**bunch chard**

**4tbsp extra-virgin olive oil**

**2 onions, halved and thinly sliced**

**2 garlic cloves, thinly sliced**

**6–8 small courgettes, sliced into 1–2cm thick rounds**

**finely grated zest 1 lemon**

**large handful basil, leaves picked and chopped**

**handful flat-leaf parsley, leaves picked and chopped**

**150–200g soft goat's cheese or feta, crumbled**

**1 egg, well beaten**

**1 tsp black onion seeds**

**Frozen puff pastry**

Strip the chard leaves off the stalks & give everything a wash. Roughly chop the leaves and cut the stalks into 1cm pieces. Bring a pan of salted water to the boil & add the stalk pieces. After 1-2 minutes add the leaves & cook for a further 2 minutes. Drain, allow to cool, then squeeze out the excess liquid from the leaves & set aside.

Set a frying pan over a medium heat & add half the olive oil. When hot, add the onions, garlic, a few sea salt flakes & black pepper, Fry for 5–6 minutes, stirring regularly & making sure they don't catch. Add the courgettes, stir well & cook for 15–20 minutes until tender, stirring regularly so they break down a tiny bit & lose some excess moisture. Take the pan off the heat & stir in the chard, lemon zest, basil & parsley & some more salt & pepper. Allow the mixture to cool, then add the cheese & gently mix. Set the filling aside in a cool place while you make the pastry.

Line a baking tray with baking paper.

Roll the pastry out then cut out 4 neat rounds. Put a quarter of the filling in the lower half of each round, leaving a border of 2cm.

Brush the border below the filling with egg & fold the pastry over to encase the filling. Crimp the edges with your fingers to make a tight seal. Brush the tops of the pasties with egg & scatter the black onion seeds & a pinch of flaky sea salt over. Transfer to the prepared baking tray & cook in the oven for 45-50 minutes until golden. Serve either just warm or cooled completely.

## Looking to the Future - Gardening 2022

The pandemic saw many of us dust off our gardening gloves & make the most of our outside spaces. There are around three million more of us, with nearly half of newbie gardeners aged under 45. These are the trends we are following



**Home-grown veg, cut flowers & plants** - Cutting the carbon footprint of our food with back garden-orchards: 'Snow White' apples – high in anthocyanins which are thought to be anti-inflammatory & anti-viral are following the success of newly introduced varieties 'Tickled Pink' & 'Surprise'. Gardeners will also experiment with more exotic fruits such as pomegranates, chokeberries & serviceberries." As well as sourcing locally, we can turn to our vegetable patches. But this year it isn't just produce we'll be harvesting. Edibles & flowers will share space on the veg patch as people realise the carbon footprint of shop bought flowers & turn to growing their own. Repeat flowering plants such as alstromeria, cosmos, dahlias & zinnia will be favoured for their ease of growing & reliability during the summer months, while sea lavender & everlasting flower serve as dried decoration for winter displays.

**Confidence with colour** - There is a taste for more daring plant colours such as reds, oranges & purples, with crocosmia, salvia & canna set to prove popular in 2022 as a result. The colour trend is also reflected in new releases from growers such as everlasting flower 'Granvia Gold' & echinacea 'Sun Magic' series, while low maintenance houseplants in brighter hues are also predicted to overtake sales of green-leafed plants, such as the new red succulent x Semporium 'Sienna'. When it comes to the must-have plants of 2022 - bold, architectural alliums - "Allium Lavender 'Bubbles' was winner of the Best New Plant at this year's virtual National Plant Show & got second place in the RHS Chelsea Flower Show Plant of the Year. It has masses of dusky purple flowers which appear to float like bubbles over lush, glaucous evergreen foliage. It has a long flowering period, performs well in the garden or in a container & is pollinator friendly



**Small space Gardening** - Container & balcony gardening got its moment at Chelsea 2021 & in 2022, we'll continue with innovative ways to tend our small spaces, from planters on wheels to vertical gardening & green roofs. Additionally, we'll see disused spaces co-opted for growing, putting the emphasis on our front gardens in particular. The front porch is the new destination. It's like having a new room to enjoy, decorate & plant.

**Sustainable Gardening** - 2021 was a big year for eco-friendly gardening. A peat ban was announced (the industry now has until 2024 to phase it out), an organic garden won Gold at Chelsea & across the nation, nurseries & gardeners have found ways to reduce waste & minimise plastic use. This year, a new plastic packaging tax will be enforced on all packaging with less than 30% recycled content,



so the trend for natural, recycled & ethically-sourced materials will continue. Gardening with the planet in mind must take into account what, how & where you plant, alongside provenance & packaging. As well as no dig methods, wildflower meadows & following organic principles to nurture soil health, an uptake in polyculture methods, or 'free planting'. This is a super low maintenance form of mixed planting which requires no pesticides or netting & is great for biodiversity. It's a bit like forest gardening where you build up the planting in layers. Start with one bed first & allow at least five feet between plants of the same family. So you might have a bed of tomato plants underplanted with salad leaves like lettuce & rocket or edible flowers mixed in. To have lots of cover plants & brightly coloured flowers like nasturtiums, calendula, feverfew & chamomile mixed in & around the plants to attract pollinators. massively low maintenance & you're tapping into the natural resilience of the plant world. Plus, having a diversity of crops makes it much harder for pests & diseases to take hold & cause damage.



**Houseplants are here to stay!** The trend now is grouping multiple plants together in the same pot, rather than having a mass of individual pots - especially good if you're running out of room & it usually makes houseplants quite happy to grow that way. Ultimately one plant will probably outcompete the others, but you can get a lovely contrast of leaf shapes, textures & colours & be quite creative. Ferns go well with begonias & some trailing Ficus pumila. Cacti & succulents are better grouped together, rather than mixed in with leafy plants - but do not put succulents in a terrarium! You can grow a mixed arrangement of Pileas or Peperomias with foliage of different shapes & colours; or try underplanting a big specimen plant such as a Dracaena with trailing Ceropegia woodii or Rhipsalis." In line with 2022's style preference for all things retro, think African Violets & anything from the Gesneriaceae & Primulina families. With flowers that can last up to two to three months, they bring a more long-lived joy. Just like with outdoor planting, the trend indoors is for vibrancy & colour. Caladiums (valued for their variegation & colour) are walking off the shelves with a strong demand for pink plants like Ficus Belize & Syngonium neon robusta. Anyone lusting after plants with eye-watering price tags must be patient, plants that are expensive now will probably be cheap in a year or two.

**Gardening for Well Being** has great perks, from delicious (if a little wonky) home-grown produce to being a great form of exercise & does a world of good for our mental health. With climate change we no longer have traditional growing seasons so the usual rule book doesn't apply anymore. It's about looking, touching, sensing & feeling what is right for your own growing space. Gardening for wellbeing is also about working with materials you have, making your own compost & seed saving. These things are better for sustainability, good for the soul & in turn will reduce those feelings of overwhelm & anxiety. Create a restful garden retreat- Incorporate fragrant plants such as star jasmine, sweet peas or mock orange, depending on your scent preference. lemon-scented roses such as Rosa 'Charles Darwin' or Rosa 'Vanessa Bell'. Use harmonious colours, whites & pastels particularly calming when it comes to flowers. Gardens where one feels cocooned by carefully considered foliage are a delight to experience.

