

The Giant



Brede & Udimore Parish Magazine

August 2025

The Giant: the Brede & Udimore Parish Magazine—the little magazine with a punch—is the old magazine with a new look and substance.

We are grateful to Rhiannon Oliver for picking up the pieces when Fr Owen suggested discontinuing the magazine. We owe its survival to her.

The editorial team consists of Benjamin Barnard, Darryl Bird, John Crook, and Nick Weekes.

Contacts: benno.barnard54@gmail.com or john@john-crook.com

Material for publication must be submitted between the 1st and the 15th of the month prior to publication. Items sent earlier or later may not be included.



Drawing, made in November 1930 by Brede resident Marjorie Biddle, of the tomb of Sir Goddard Oxenbridge and the adjacent doorway into the churchyard. Both doorway and door will soon be conserved and made usable again. The doorway, with beautiful trailing foliate motif on the external arch, dates from the 1530s; the oak door, despite its archaic appearance, is probably mainly of the 1880s.

Front cover by Darryl Bird: 'Cup and Wafer' (mixed media)

Under the Vine

Dear Everyone

I expect by now you will have heard that I shall be retiring from parish ministry this autumn. I was first licensed as a Lay Reader in September 1981, and went into full-time ministry in January 1982, working for the British Council of Churches, then the Durham Diocese as Adult Education Adviser, then as the Bishop of Newcastle's Social Responsibility Adviser. After two years in full-time training I was ordained Deacon in September 1996 and Priest in September 1997, and after 43 years behind the plough I'm finally running out of energy. I have now been offered a very attractive little flat in Stuart Court, a community for retired clergy in Leicestershire, and will be moving there over the next weeks. I expect my last service in Brede with Udimore and Beckley and Peasmarsch to be our fabulous Prayer Book Society Choral Evensong at 3 p.m. on Sunday 14th September: it's at St Peter and St Paul with musical support from across the Benefice, and Bradley Smith, Chair of the Prayer Book Society, will be our guest preacher—do come!

At the End of Year Leavers' Assembly at Beckley Church School, Mr Thurston produced a tug-of-war rope. He began by holding up the two ends of the rope and asked us to say which was the end and which was the beginning. He pointed out that every ending is also a beginning. Then volunteers from the Leavers picked up the rope and tugged vigorously against each other, and he spoke of how our feelings are tugged both ways—sadness at leaving against excitement at what is about to begin. By now boxes of tissues were circulating freely among the assembled parents and grandparents. Finally, he moved a coil of the (exceedingly long) rope and showed that the centre of it was *very* securely fastened. In every part of our life, he said, in all our endings and new beginnings, we can know that we are securely held by the love of God—and that gives us an anchor which will never fail us.

Will August bring yet another heatwave, I wonder, or will the earth at last receive in abundance the refreshing rain that it's been sorely needing? Either way, I hope it will be blue skies and sunshine for the eagerly awaited Beckley Fair at the end of the month. See you there!

Yours with love, Sister Liz

The Benefice of Brede with Udimore and Beckley and Peasmarsch



Benefice Clergy

RECTOR

Post Vacant
Church Enquiries: 07900 300587

ASSOCIATE VICAR

The Revd Liz Varley
Vine Cottage, Main Street
PEASMARSH TN31 6UL
07922 012703
lizpssb@gmail.com

LAY READER

Mrs Leslie Curtis
Fairlight View, Udimore Road
UDIMORE TN31 6BG
07506 780044

RETIRED CLERGY

The Revd Dr Bill Dolman
Little Belhurst Cottage, Hobbs Lane
BECKLEY TN31 6TT
01797 260203

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Mr David Oliver
2 Bellhurst Cottages
Chitcombe Road
BROAD OAK TN31 6EU
davidoliver489@gmail.com
07792 517614
07900 300587

CHURCHWARDEN & ORGANIST

Mr Duncan Reid
Perryfield, Stubb Lane
BREDE TN31 9DX
duncandgary@gmail.com
01424 882412



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Mr Steve Edwards
chitcombsteve@gmail.com or 07702 173839

TOWER CAPTAIN (Bell Ringers)

Mr Colin Mitchell
Contact via the Secretary : Mrs Wendy Burchett
wendyhayler@outlook.com or 01424 882727

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hughpye@hotmail.com or 07484 709316

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Mr Harry Curtis
(Honorary Treasurer)
Fairlight View, Udimore Road
UDIMORE TN31 6GB
harry@ecooffice.com
07702 173839



August Services

Throughout August the main Sunday morning service will be a joint Benefice Eucharist at one of our churches, each starting at 10.00 a.m.

Sunday 3rd	St Peter and St Paul, Peasmarsch. The Revd Liz Varley
Weds 6th	St George's, Brede. Eucharist for the Feast of the Transfiguration. The Revd Liz Varley
Sunday 10th	All Saints, Beckley. The Revd Liz Varley
Sunday 17th	St Mary's, Udimore. The Revd Barry Carter
Sunday 24th	St George's, Brede at 9.30 a.m (as part of the Flower Festival). The Revd Liz Varley.
Sunday 31st	All Saints, Beckley. The Revd Liz Varley

Each morning at 8 a.m. (except Sunday), a small group holds a short, informal service of prayer, readings, and a hymn. Anyone would be welcome to come along and share any thoughts on the readings, and join in quietly praying for those we know who are in need.

Forthcoming Events, St George's Brede

Dragons, for primary school children (and their siblings), will recommence on 21st September.

Little Giants, for toddlers (and their parents), will recommence on 11th September

For information regarding Brede Mothers' Union events please contact Rhiannon Oliver, 01424 882037

Forthcoming Events, St Mary's Udimore

1st August	4Charities Coffee Morning 10.30–12.30. Hall
31st August	Benefice Service 10.00 a.m. Location TBC
5th Sept	4Charities Coffee Morning 10.30–12.30. Hall
7th Sept	Pet Service 11.15 a.m. Hall
21st Sept	Benefice Service 10.00 a.m. St George's, Brede
3rd Oct	4Charities Coffee Morning 10.30–12.30. Hall
5th Oct	Harvest Festival 11.15 a.m. St Mary's
17th Oct	Harvest Supper 6.30 p.m. Hall
7 Nov	4Charities Coffee Morning 10.30–12.30. Hall
9 Nov	Remembrance Service 10.45 a.m. St Mary's
29th Nov	Udimore Christmas Fair 10.00–1.00 p.m. Hall
30th Nov	Benefice Service 10.00 a.m. Location TBC
5th Dec	4Charities Coffee Morning 10.30–12.30. Hall
14th Dec	St Mary's Carol Service 3.00 p.m. St Mary's
24th Dec	Midnight Mass 9.00 p.m. St Mary's
25th Dec	Christmas Day Service 11.15 a.m. St Mary's

THE PARISH OF UDIMORE

St Mary's Community Hall – Classes and Activities

PILATES: Monday to Thursday 9.15–11.15 a.m. (Term time)

Susan Taber: 07858 518504 susantaber66@yahoo.co.uk

ELEVATE YOGA: Flow Yoga suitable for all. Tuesday 7.00–8.00 p.m. (all year round)

Rachael: 07921 854105, elevateyogaclass@googlemail.com

SLOW FLOW TO YIN YOGA: Monday 7–8.15 p.m.

Jo-Jo Hancock: jojo@yogacreative.co.uk

STUDIO JAMIE BALLET: Tuesday 11.00 a.m.

Aysha Jamieson: 01424 883238, studiojamie@icloud.com

VINYASA FLOW: Friday 8.00 a.m.

Jo-Jo Hancock: jojo@yogacreative.co.uk

All classes in term time stop over half-term and school holidays

Enquiries contact Community Hall Booking: udimorehallbooking@gmail.com

St Mary's Community Hall Hire

Planning an Event? – Looking for a Venue?

Our hall, nestling next to the Church, is set amidst apple orchards. It is bright and modern with central heating, a large car park, a well-fitted kitchen, and facilities for the disabled.

Monday – Friday £15.00 per hour (*Events 1 to 6 hours duration*)
Events on Friday may have to finish by 14.00 p.m. if there is a weekend wedding.

Saturday and Sunday £20.00 per hour (*Minimum Booking of 3 hours*)

Bouncy castle use at the hall surcharge: £10 (internal use), (£20 for external use).

One Day and Evening Hire

Sun to Thurs 08.00–23.00 (max 15 hrs) £240.00

Fri and Sat 08.00–23.30 (max 15.5 hrs) £350.00

Hire charges for some events over 6 hours may be negotiable.

Weddings

For information and hire charges email: udimorehallwedding@gmail.com

For all further details and booking, email: udimorehallbooking@gmail.com

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We are sorry to announce the death of Sheila Colvin late of Woodside Cottages, who lived in Udimore for almost sixty years and was known and loved by many of us in the parish. Her funeral is at Hastings Crematorium on Wednesday 30th July at 11.15 a.m. and afterwards at The Robin Hood Inn, Icklesham.

Readings for August 2025

Sunday 3rd August

Hosea 11. 1-11
Psalm 107. 1-9, 43*
Colossians 3. 1-11
Luke 12. 13-21

Sunday 17th August

Isaiah 5. 1-7
Psalm 80. 1-2, 9-20*
Hebrews 11. 29, 12. 2
Luke 12. 49-56

Sunday 31st August

Jeremiah 2. 4-13
Psalm 81. 1, 10-16*
Hebrews 13. 1-8, 15, 16
Luke 14. 1, 7-4

Sunday 10th August

Isaiah 1. 1, 10-20
Psalm 50. 1-8, 23, 24*
Hebrews 11. 1-3, 8-16
Luke 12. 32-40

Sunday 24th August

Jeremiah 1. 4-10
Psalm 71. 1-6
Hebrews 12. 18-29
Luke 13. 10-17



100 Years Ago – and beyond

In August 1925 the Rector, the Revd Cyril Charsley Frewer, and his family were holidaying in Fécamp, Normandy. His letter to the parishioners was published in the Brede Church Magazine. He was struck by the size of the abbey church: 'Imagine a building stretching from the "Red Lion" to far beyond the pond at Church House ...'. Meanwhile his children, 'Marigold' and Michael, enjoyed life on the beach.



«Ooh la la – so you are Rosbifs? Did you swim over La Manche?»

Arguably more entertaining, from 25 years earlier, is the account of the Brede choirboys' visit to Dover on 22nd August 1900, by 'One of the Party', escorted by the redoubtable Scout Mistress, Miss Amooore. *Brede & Udimore Parish Magazine*, Sept 1900.

'We did not miss the train, because it arrived at Rye station more than an hour before it started. Our train had Miss Amooore's name written on it, so we knew we were right. When we were in the train, one of the boys put his head out of the window, a hot black from the engine went in his eye, and his eye turned red, not black. His fingers were rather black. When we got to Dover we went on the pier. Some soldiers were firing guns off. They were firing at France. They did not hit it, only the sea. The Prince of Wales went on the pier after us. He was going to Germany to bury his brother. Two men in cocked hats went to the pier to see him start, and to wish him a pleasant journey, because the sea was rather rough. The boys thought they were generals. One of the boys said they were General Booth, but I think he was

wrong. For dinner we had two kinds of beef, light and dark, and some cherry pie. We went to Dover Castle, and saw old armour, &c. A man showed us all about. Some of the things he told us were true, but I did not believe all that he said. Some of the boys went into shops and bought sticks, ices, trumpets, gooseberries, cricket belts, cherries, and cucumbers. The Dover cherries are of very large size. One of the boys heard that they are grown on the end of the pier, but I cannot believe this. We did not see inside the Museum because it was shut. The animals, &c., have a half-holiday on Thursdays. We had a ride on a motor; it did not go very fast. It stopped at all the publics, and a good many other places. After tea we went back to the train. Of course, we did not get into a smoking compartment. From Rye Station we came home in traps. I should like to go to Dover every day of my life.'



Brede Church choir c.1910 with the Rector, Canon George Ernest Frewer, on the site of the present vestry at the north-east corner of the church



'Our train had Miss Amoore's name written on it, so we knew we were right.'



Eat the Seasons

August – Courgettes

by Gill Potterton

Whether you nurture a vegetable patch in your own garden, or have joined the growing band of allotment enthusiasts tending a vast patchwork of fertile plots across the land, or you simply frequent Farmers' Markets to buy the pick of the crop, it is a culinary crime not to make the most of the English Summer harvest. The sheer satisfaction of picking, pulling, or digging up your own produce and carrying it indoors to eat or cook with is hard to beat.

One vegetable that I have managed to grow successfully is the much under-rated courgette. Healthy plants yield a good harvest because they keep producing, provided you cut the courgettes before they mature to marrow size. Courgettes are a good source of Vitamin A, Vitamin C, and Folic Acid; and being 90% water, are low in fat.

When you have a bumper crop of a favourite vegetable which cannot easily be preserved, it's always a challenge to come up with varied and interesting dishes to use up the surplus while at its peak of freshness without inducing the family to cry, 'not courgettes again!'. Here are some ideas.

The first few finger-sized courgettes are a real treat, and their flavour is so concentrated and fresh it is worth picking one or two, halving them, and frying them gently in butter to serve in pride of place atop your favourite pasta dish.

When the courgettes become more plentiful, it is simplest to cut them in long slices, 5mm thick, brush with olive oil, and cook on a very hot griddle pan or barbecue until tender and marked with black stripes.

Sliced or chopped, courgettes can be fried in a pan with a minimal splash of olive oil, with lots of crushed garlic added at the end, and then tossed into cooked pasta, or alternatively dressed with red wine vinegar and chopped mint and left to cool for a salad the next day.

Courgettes may be grated through a coarse grater, placed in a clean tea-towel, and squeezed tightly to extract the water which dilutes their flavour. Mix the shreds with a little flour and beaten egg, and fry tablespoons of the mixture to make small pancakes which are tender in the middle and crispy at the edges.

Large courgettes may be stuffed by halving them lengthways and scooping out the inside with a teaspoon or melon baller. Arrange them in a greased dish tucked up close to each other for mutual support. Make the stuffing with any combination of breadcrumbs, onion, seeds, nuts, raisins,

cheese, garlic, chilli, herbs or spices that you prefer, press it into the courgette shells and dot with butter. Drizzle a little stock in the base of the dish, and bake in a moderate oven until soft, covering with foil if over-browning.

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If you have no cash, or cannot attend, here is the link to my JustGiving page for online donations: <https://www.justgiving.com/gill-potterton-1>



Out and About

by Gary Marriott

The Summer Fair on the Recreation Ground at Broad Oak in early July was an amazing success: a true local occasion and one of which we of this village should be very proud. The Parent Teacher Association and volunteers created an event that everyone could enjoy. The children had a whale of a time with races, a bouncy castle, and many other treats, but what stood out was the spirit of participation and friendship, and pulling together to make something work. This is just the environment that children today need to experience in order to grow into rounded and wonderful adults of the future. Well done PTA, let's do more!

By the time this magazine appears the prize for the Best Front Garden will have been awarded. The categories were: large garden, small garden, also containers and hanging baskets. It speaks volumes of this village to be able to say that there were around sixty nominations. David and I spent at least two mornings driving and walking round, trying to find and judge some wonderful displays. It was quite a humbling experience; I returned home, looked at my own front garden and thought 'must do better'. I hope that many people have attended the prize giving event, which took place on 26th July, as it was not only gardens that were awarded but also people and groups who have made a significant contribution to the village. Well done, everyone, and well done, parish councillors.

I am enjoying this lovely warm weather but, like most people who garden, hope for a few nights of rain. Using stored water on the plants is wonderful, but anxiety about running out prevents the use of too much, so apart from pots and a few specials the rest of the garden has to look after itself. It is all still alive, but could be doing a lot better, especially the vegetables. I am mighty proud of my cucumbers, however, and the blackcurrants have done well.

I am very pleased that in the parts of the lawn left wild for the time being, there is wild carrot or Queen Anne's lace, *Daucus carota*. Look carefully at their flowers or umbels, which are a rather dull white, and in the centre of most there will be found one tiny pink or purple flower. I never cease to be enthralled by this tiny detail, which is said to be there to attract insects. The wild carrot, like other white or yellow flowers, comes into its own at twilight when it seems to glow.

Lastly, why not take a stroll out on a Friday morning, enjoy other people's gardens and do a little shopping or stop for a coffee at the Farmers' Market. Feel the love!



Have you seen the Church Mouse on the floor of St George's? He's just about to tuck into a delicious cheese.

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Balloon

by Stephen Wrigley

The Weald in August. I keep looking north
towards it but no sign of the balloon.
In other years, often one appeared
at evening: a full stop floating over
distant trees, an end-stop for the day.

Above the canopy, in cooling air
it will be quiet, peace broken only
by a burn. Like bird calls, voices carry
from the basket, as innocent
and as uncaring that they might be heard.

I'm with them there, carefree, suspended,
sharing their illusion that Earth moves
underneath while they stay still, silent now
awaiting sunset. And I shiver
as do they, merely flotsam, merely jetsam.

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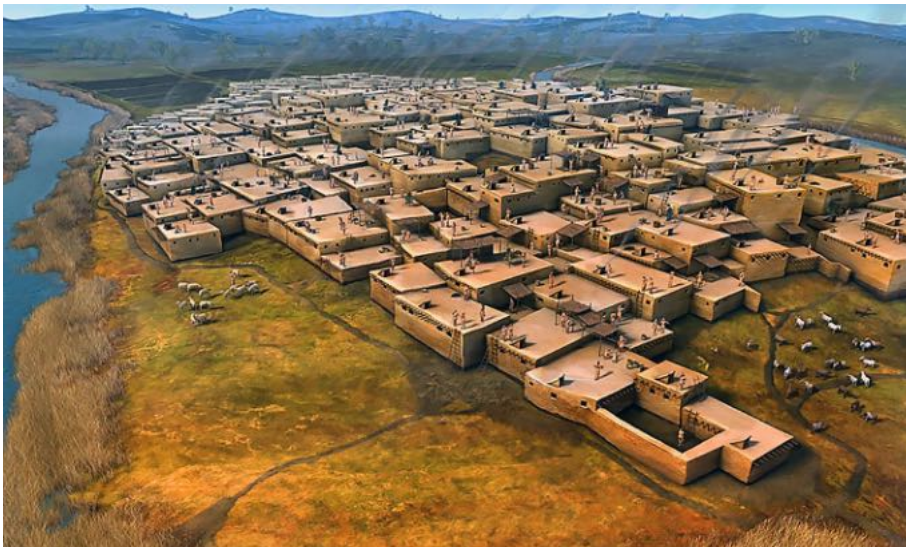
Our Common Wealth

by Darryl Bird

'People will not look forward to posterity, who never look backwards to their ancestors.' – Edmund Burke

Çatalhöyük was a very large Neolithic early city-like settlement, which existed in what is now Turkey around 7000 BC. It was built in a curious honeycomb style in which all the houses were stacked together and accessed through their roofs. As a part of ritual life, the people of Çatalhöyük buried their dead in pits beneath their floors and hearths, on platforms within the main rooms, and under their beds. They lived with their dead ancestors because their forebears were still an integral part of their lives and daily existence. Up until modern times we see similar but varying traditions of respect towards the past and its inhabitants in almost all societies. For a behaviour to have such longevity it has to have an important function and one that is basic to human wellbeing.

It has become fashionable of late to ridicule and decry long established tradition and ritual. There seems to have been a desire to 'wipe the slate clean', to ignore our history and culture and arrive at a point where we become rootless with no connection to the past. This is a deeply dangerous situation for humanity, as it weakens our social bonds, destroys our cohesion as a people, and robs us of what has made us who we are.



Artist's impression of Çatalhöyük. Image credit: Dan Lewandowski.

Throughout human history, we have sought connection with what went before and have built upon the experience, knowledge and creativity of our ancestry. We enjoy our current level of comfort thanks to their efforts in times past. This a cumulative wealth that has been bestowed upon us.

Today we are bombarded with exhortations to 'avoid costly funerals', forgo ritual, and ceremony, and to treat death and loss as something to be 'cured' by therapists. We are supposed to forget the past, both distant and recent. However, the severance of our connection to our forefathers is symbolic of a loss of connection with God and that which lies beyond the secular world.



St Francis and the birds, near Assisi. Bernard Adeney, c.1910. Presented to St George's Church c.1930.

Tradition is like the tree of life, its roots deep in the accumulated soil, its trunk dependable and sturdy, its young shoots feeding upon what went before. The soil, the people living and dead, the accumulated experience, the stories and customs, the coming together for celebration and shared belief; these are the conditions necessary for a healthy society and without them we are as ghosts, bereft of control over our lives and actions, empty vessels to be filled with whatever others think fit.

We can resist this. We can pursue virtue and what we instinctively know to be good, and we can ensure that this is passed on to younger generations. Most importantly, we must live by our values and traditions, not just talk about them.

Keeping 16 Sweet: why they shouldn't have the vote

by Blake Larkin

I remember the naïve days of A-Level Politics. I would come into class carrying *The Guardian* under my arm, flaunting this nifty lefty accessory in front of my peers. We would often arrive early so that we could discuss the politics of the week. When there was a Tory in our midst, we'd relish verbally bashing him or her for what we saw as a non-normative way of thinking.

I remember the slurs: ranging from 'Fascist' to 'Pig shagger'. I was an A-Level student during the EU referendum in 2016, and I remember our reactions afterwards—that the majority of voters were clearly 'uneducated', working in a vast array of unfulfilling working-class jobs.

I now look back at that political immaturity with a deep sense of shame. How truly snobbish and gullible I was to intimidate someone for their beliefs, or to be classist and dismiss 52% of the electorate as politically 'retarded'. At the heart of it all was our herd mentality. Indeed, in that left-wing classroom environment—full of Socialist Worker Party sympathisers, proto-Corbynites, Green Party voters, and openly left-leaning teachers (who were fairly impartial but whose discontent with the establishment inevitably seeped out over the course of an hour)—there was very little space to think.

There was little room to look inward and test one's political beliefs in the flame of reason. Instead, it was the very *modus operandi* of a teenager: *Angst*, with tinges of hormones. Indeed, how could I dream of a girlfriend if I was a Tory?

The planned lowering of the voting age by the end of this Parliament's tenure is, in my view, one of the most desperate and ill-thought-out moves this government has made. It is, quite simply, the epitome of 'the cart leading the horse'. As a teacher, I can tell you that my Year 8 class is not even remotely ready to cast a ballot in 2029. Just around half the class knew the name of the Prime Minister; two or three students thought it was still Rishi Sunak. Many knew who Farage was, but not a single one recognised Kemi Badenoch.

There are no directives, nor are there any planned allocations of financial resources for schools to begin teaching politics to students from 14 onwards. Yet there is clearly a need, because by Year 11 (their GCSE year) they will be old enough to vote. The second challenge will be training teachers in the art of political impartiality. Quite the challenge...

The more worrying aspect is the aforementioned herd mentality. The harsh reality is that many teenagers at 16 have not reached a true sense of individuality yet. Their traits are still being shaped, their beliefs moulded, and their eagerness to fit into the pack remains high. We must look seriously at the biological aspects of why this is a terrible idea, not simply accept Keir's absurd argument that these very young people are filling up the government's coffers by paying taxes. (These figures are not even known and are surely overdue a freedom of information request.)

Not to get too technical, but at that age the hypothalamic-pituitary-gonadal (HPG) axis is still maturing, regulating sex hormones. The prefrontal cortex—the part of the brain that helps make informed decisions and regulate emotions—is still around nine years from full maturity. Under UK law, we recognise this immaturity and therefore treat 16-year-olds differently from 18-year-old adults. Does this now have to change too?

Eleven years have passed since I began my A-Levels. I am now more politically aligned with Burke than with Paine, and I believe that Franco's dictatorship was nasty but Stalin's was a lot worse. I prefer true conservatism over socialism. The big change? Both environmentally and biologically, I was only just beginning to think for myself. All in all, I'm thankful that my own herd of spotty-faced, 16-year-old A-Level classmates didn't have the vote.



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Letter from America

by Christopher Barnard

At a time that artificial intelligence blurs the boundary between flesh and code, the essence of our humanity is increasingly defined by what we can touch, see, and steward in the physical world around us. Technology can simulate conversation, companionship, even creativity – but it cannot replicate the embodiment of a person who tends a garden or pauses to watch the sheep graze in Brede Valley. We exist in relationship to the created and natural world.

Our very physicality—our bodies, the soil that nurtures us, the landscapes we inhabit—is integral to who we are. The increasing digitization of life serves to trick us into outsourcing our humanness to technology. This disembodiment has taken root in modern life. Kids on iPads, social-media addicted teenagers, parents delegating education to screens. The onslaught of the digital age has created a profound malaise, contributing to rising depression, social breakdown, and demographic decline. Grounding ourselves in a renewed understanding of place is not mere nostalgia: it is essential to preserving our humanity.

Consider the English countryside: fields threaded with dry-stone walls, hedgerows humming with wildlife, winding footpaths above patchwork fields. When I close my eyes I can see—all the way from across the Atlantic—Pat's fields. Walking in them means participating in the living ecosystem that surrounds us, witnessing seasonal rhythms and the interdependence of human labour and natural cycles. Here, conservation is not an abstract, distant virtue; it is a daily practice in which people are stewards of the land.

Conservation must be human-oriented: we preserve forests, meadows, streams, and wells not just to minimise footprints, but to sustain water for villages, wood for warmth, places for recreation, and habitats for a balanced ecosystem. When we plant native hedgerow species, control invasive nettles, or restore ancient coppice woodlands—as villagers in the Cotswolds still do—we are actively reaffirming our physical belonging in the world.

Time in nature reminds us of our limits and our connectedness. A farmer in Devon may marvel at the scale of a thousand-acre moor, feeling both small and upheld by something greater. This humbling sense is a vital antivenom to digital isolation and transhumanist folly.

In an era where algorithms can mimic voices and faces, what can never be faked is the sacramental nature of a life lived in a place, tending a garden, watching seasons, being in communion with other people and the land. The English countryside, with its living tapestry of hedgerow and sheep, stream and orchard, is a rich reminder of this: to stay human, we

must stay grounded in the tangible world, physically and spiritually tethered to reality.

At the end of the day, this is a deeply Christian concept. God became one physical man, not transcending humanity but experiencing it to the fullest.

4Charities
OPERATING UNDER THE CHARITABLE STATUS OF THE CHURCH OF ENGLAND

Friday 1st August
And the First Friday of the month

Drop In Friday
Coffee, Chat, Games, Refreshments – and Company

Udimore Community Hall, TN31 6BB

Free – but donation gratefully accepted

Contact Liz Turgoose on 07808 597689 for more information

Transport

Available through FlexiBus. Contact Steve Edwards on 0770 217 3839 or email him on chitcombsteve@gmail.com to arrange

www.4charities.net

Make a difference, volunteer for your local Hospice

If you've got a bit of spare time, want to pick up new skills, or fancy giving back to your local community, volunteering in our shops is the perfect way to do it!

As a volunteer, you'll help with customer service, stocking shelves, creating eye-catching window displays, and making the shop a welcoming space for everyone. You'll be part of a friendly, supportive team where no two days are the same, but they're always filled with fun!

Still not sure? Take it from Alun, one of the retail volunteers, 'Volunteering can really change your life for the better and in so many ways that you may not expect.'

If you're friendly, enthusiastic, and up for a challenge, we'd love to have you on board. Come and help us keep our shops thriving.

Visit stmichaelshospice.com/volunteering-with-st-michaels-hospice to find out more.

Your Hospice, your care

Gardening with your grandchildren. Gaining confidence to volunteer. Feeling like yourself again. Not things you'd expect from a hospice—but at St Michael's Hospice they're part of everyday life.

Wellbeing assistant, Andrea shares insight into her role supporting people through the Hospice's Wellbeing Programme, 'Our main goal is to support people with physical, emotional, social, and spiritual needs. We aim to support and encourage people to remain independent and active for as long as they can.'

'We're there at a time where they might feel they're not allowed or unable to do something, so it's about empowering people to continue to be themselves.'

'Some people come with a set goal in mind; others just come to be in the space and share time with others who understand what they're going through. We're also here to help family and friends—anyone who is looking after the person with a life-limiting illness and needs some support too.'

Hospice care isn't just about the end of life—it's about making the most of every day.

Visit stmichaelshospice.com/services to find out more about your local hospice. St Michael's Hospice supports the whole of Hastings and Rother, and all services are free of charge.

The Rye and District Country Show

Are you looking for a fun, affordable, family day out this summer? Come along to the Rye and District Country Show at Elm Tree Farm in Icklesham for a fun-filled family day on Saturday 16th August.

The Rye and District Country Show is organised annually by a dedicated committee in aid of St Michael's Hospice and has become a staple on the local events calendar. Tickets are only £7.50, with under-16s going free, making it the perfect day out for the whole family. Visit ryeshow.org.uk to buy your ticket today, or simply turn up on the day to pay. For more information, call 01424 456396 or email fundraising@stmichaelshospice.com

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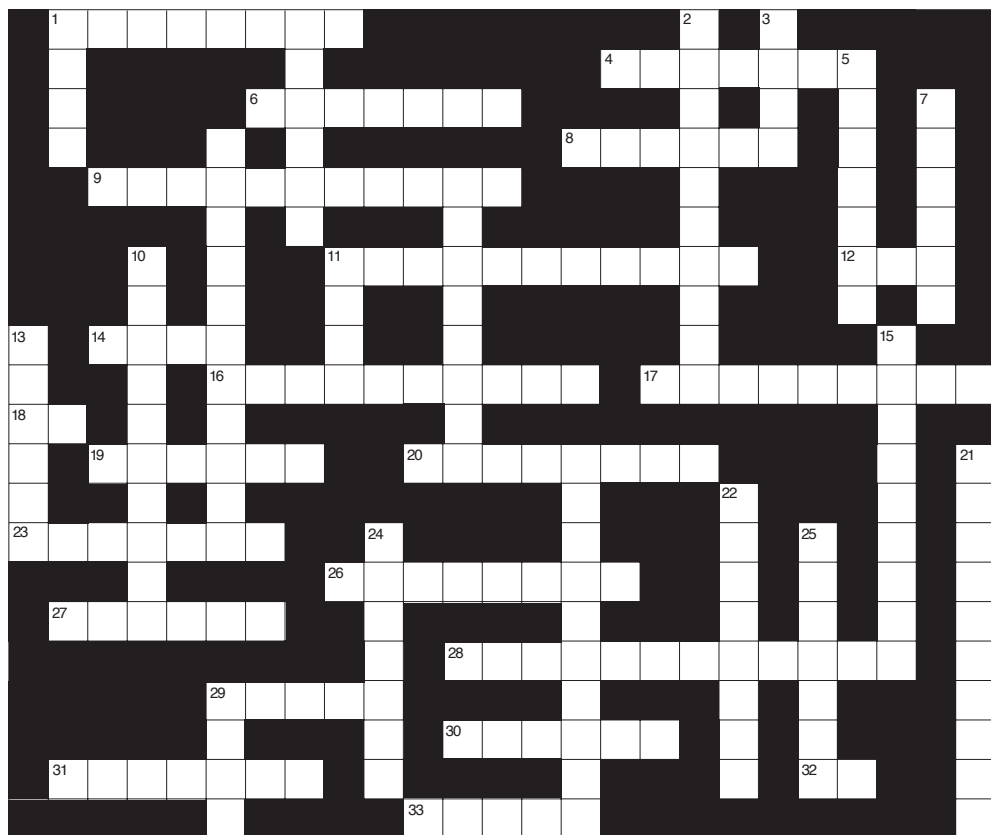
Open weekly on Friday evenings from 6:00pm



To book, please email: tibbsbookings@gmail.com
or call us on 07469 056088 (9am - 4pm)

The Inaugural and Likely Final Brede and Udimore Giant* Crossword†

by Graham Johnson



ACROSS

1. Aisle-like extensions that cross the nave, forming a cross-shaped plan in a church. (8)
4. Race of people who built St George's in the 12th Century. (7)
6. First name of the Giant of Brede. (7)
8. Day of the week the Brede Farmer's market is held in the village hall. (6)
9. The second giants of Brede, the 35-foot-high water pumping machines. (5,6)
11. Avant-garde singer-songwriter who used the church organ at St George's Church to record his 2009 album, The Bachelor. (7,4)
12. '____' for St Cecilia's Day, a piece from the Handel concert in Brede. (3)

14. Often used by the Normans, the city in France that supplied some of the stone for St George's Church. (4)

16. Last name of the knight buried in St George's. (10)

17. Ruler of England when the above knight died. (9)

18. Supposedly a word allowed in Scrabble but it's really annoying when people play it. (2)

19. The correct spelling of color for our American residents. (6)

20. Norman church in the heart of Brede. (2,6)

22. Church at the heart of Udimore. (7)

26. Bridge on which the Brede Giant was said to have been murdered. (8)

27. River into which the River Brede flows. (6)

28. Home ground of the Udimore Cricket Club. (12)

29. Sheridan sculpture in St George's Brede, Madonna and '____'. (5)

30. Not a day of the week that the Brede Farmer's market is open. (6)

31. The heraldic term for the bird with no feet on the Sussex flag. (7)

32. Is this crossword any good? (2)

33. First name of the sculptor of the Madonna and Child. (5)

DOWN

1. South-east Asian cuisine. It would be good to have a restaurant in the village that sells this. Anyone? (4)

2. Ancestral home of the Oxenbridge family. (5,5)

3. Elizabeth Tyrwhitt, born Elizabeth Oxenbridge, was a close friend and '____'-in-waiting to Queen Katherine Parr (4)

5. The bird on the Sussex flag that is shown with no feet. (7)

7. Composer of the recent concert held in St George's Brede. (6)

10. From the French 'flaming', the lavishly decorated style of Gothic architecture evident in the east window of the Oxenbridge chapel in St George's. (10)

13. The name Sussex derives from the words South '____' (6)

15. Managed by the Woodland Trust, the Brede '____' are a great place to lose all sense of direction. (4,5)

21. Who has the best garden in Brede and Udimore? No correct answer. Write in whom you think.

24. 'Brede' originates from the Old English word 'braedu' meaning '____' (7)

25. Pub at the heart of Brede. (3,4)

* It's not giant at all but that's what the magazine is called.

† May include some irrelevant clues designed to fill in big holes.

Brede and Udimore Luncheon Club

The Lunch Club met on Midsummer's Day in June, but the weather was far from seasonal, being cool, blustery, and cloudy. However, a delicious roast pork lunch and a fruity dessert of strawberries and cream, with meringues, cheered everyone up.

We extend our thanks to all the team at the Red Lion for presenting such an enjoyable meal and for their very efficient service.

The Lunch Club meets on the fourth Tuesday of the month at 12.30 p.m. at the Red Lion, Brede. The next lunch is on Tuesday 26th August.

For information about the Club, please contact me on 01424 882007

Frances Parnham

Brede Women's Institute

There was a busy and lively atmosphere in Brede Village Hall when we gathered for our July Meeting. Our Joint President, Jennie Drew, warmly welcomed everyone, including our visitor, Susanna Way, from the East Sussex Federation, and our speaker, Peter Bensen.

This year's Resolution, 'Bystanders can be Lifesavers', debated at the National Annual Meeting, held on Zoom in early June, was passed with an overwhelming 94%, and it now becomes a National Federation Campaign. We thank Diane Beere, from Landgate WI, Eastbourne, for being our delegate at the Meeting and for the report she kindly sent us. Joint President, Sue Orchard, then took the chair and presented pretty pot plants and cards to the many members celebrating their birthdays in July and August.

Our speaker, Peter Bensen, was introduced and we settled to hear his talk, 'Tales of a Film Prop Man'. In his introduction, Peter explained how he virtually stumbled into his career as a film prop man, when his brother asked him to join him in his work. With no prior experience, he quickly had to learn on the job, which was challenging and exhausting work. Peter's many humorous anecdotes gave us a real insight into the unpredictable demands of providing the props on time each day for the film sets, both indoors and on location. He worked on some of the biggest British films over the course of 25 years and encountered many famous film stars during that time. It was

interesting to see the display of posters and photos of the films that he'd worked on: a trip down Memory Lane for some of us!

Joy Wild gave the vote of thanks.

The Competition, 'Film Memorabilia', had joint winners: Pat Shippey and Drina Hampson.

There is no meeting in August. Our next meeting is on Wednesday 10th September at 2.00 p.m. in Brede Village Hall. The subject of the Competition is: 'A Money Box'.

Frances Parnham

News from Trinity Methodist Church, Broad Oak

Church Services. We meet for worship every Sunday at 10.30 a.m. When there is a fifth Sunday in the month, an informal service is held in the Hall at 3.00 p.m. All are welcome to join us and stay for refreshments after the services.

Meet-on-Mondays. Every week between 2.00 p.m. and 4.00 p.m. (except Bank Holidays). A warm welcome awaits you! Join our friendly group for various activities: games, quizzes, crafts, discussions, swapping books, and then enjoy tea and cake.

Community. In July, we welcomed Brede Primary School to our Church for their Whole School Leavers' Assembly. Led by our Community lay worker, David Swales, and other Church friends, and with the willing help of the children, the Biblical story of 'The Wise and Foolish Men'—who built their houses on sand and rock—was acted out. The service ended with some lively singing accompanied by electric guitar. At the close, all the 'Leavers' were individually presented with a special book, *It's Your Move – A Secondary School Survival Guide*, with our good wishes for their future.

In the afternoon, some of the children returned with their families to follow a Treasure Trail in the Church Wildlife Garden, and then joined with their friends in the Hall for the follow up activity and some welcome refreshments.

For more information about our Church, please visit our website: www.trinitybroad oak.org

Frances Parnham

Brede Steam Giants

Brede Steam Giants are pleased to welcome visitors on August Bank Holiday Monday. We can offer examples of giant water pumping engines, as installed in the early 1900s to supply Hastings and the surrounding area. We are open from 10 a.m. to 4 p.m., and can be found at the bottom of the lane leading from Brede Parish Church. We have a cash only tea bar, providing refreshments in the old Boiler House. Entry is free, but donations are most welcome to help with running costs.

Please note that we are currently undertaking a major refurbishment of our air supply system, but will endeavour to have as much of the machinery working as we can.

Geoff Jones, Secretary



Brede Steam Amateur Radio Society

The Radio Society has a callsign, M0NUC, issued by Ofcom. The club was formed in January 2005 by a group of radio hams who wanted to operate in competitions and put on Special Event stations.

The club has its own shack at the Scout Hall, Stubb Lane, Brede, TN31 6EH, and operates there mostly under the permanent special event callsign GB1FBS, so chosen to reflect the club's close association with the First Brede Scout Group. Members regularly meet at the shack on the first and third Saturday of the month; we would, however, advise visitors to contact us first to make sure that some of us will be there.

The club will be open throughout the August Bank Holiday weekend from 10 a.m. onwards. Please do visit us! We will also be operating in the Church on Saturday 13th September.

Our website is www.bsars.co.uk
and we can be contacted at bsars.m0nuc@gmail.com

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National Trust Rye & District Association | Monthly Flyer

We offer a range of enjoyable events each month to members and non-members of our association in support of The National Trust.

Walks September-June | Talks October-May

Our 5 mile circular walks cost £3 and begin at 10.00am. All walks end with a rewarding pub lunch and a quiz. Our talks with popular guest speakers cover a range of topics and are held from 2.00pm at Brede Village Hall, and cost £5 for members/£10 for non-members – including refreshments.

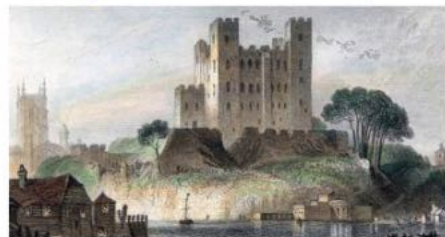


Walk | The Bull Inn at Benenden Thursday 11 September



Our first autumn walk takes place on Thursday 11th September, beginning and ending at **The Bull Inn at Benenden**. This is a traditional village pub dating back to the 17th century, with some interesting architectural details, and overlooking the village green. The pub has a car park, and there is more free parking on the roads around the green.

Outing to Rochester Tuesday 23 September



This special excursion includes a 90 minute Blue Badge walking tour of **Rochester** taking in all of the historic sites. There will be time afterwards for further exploration, plus an opportunity for a leisurely lunch before boarding the coach back to East Sussex. This Rochester City visit will be £32.00 per person including the guided tour and gratuities.

Talk | The Landscape Revival Project Thursday 16 October



Simon Everitt, Area Ranger at Winchelsea, will be explaining why the National Trust has chosen to change its land management at Winchelsea to focus on wild life and biodiversity. As the UK's largest conservation organisation and a private landowner, it is incumbent upon the trust to make a significant contribution to tackling the climate crises.

SOME FUTURE EVENTS TO ADD TO YOUR DIARY: **Annual Quiz evening:** Wednesday 22nd October | **Christmas Party and Talk:** Thursday 4th December

Contact: Dee Williams (membership) 07760 115413 membership@nationaltrust.org.uk
Julie Etches (bookings) 01797 225317 julie.etches054@btinternet.com

BREDE AND UDIMORE PARISH CONTACTS

MAGAZINE

Material for publication must be submitted between the 1st and the 15th of the month prior to publication. Items sent earlier or later may not be included.

Editorial Team

Benjamin Barnard, John Crook, Darryl Bird,
Nick Weekes
benno.barnard54@gmail.com

Subscriptions

Steve Edwards
chitcombsteve@gmail.com
07702 173839

4CHARITIES

Mrs Liz Turgoose 01424 882657

BREDE MOTHERS' UNION

Mrs Rhiannon Oliver 01424 882037

FRIENDS OF ST GEORGE'S CHURCH

Dr John Crook john@john-crook.com

FRIENDS OF ST MARY'S CHURCH

Mrs Elizabeth Dean 01424 882206

CHURCH FLOWERS

Brede	Mrs Rhiannon Oliver	01424 882037
Udimore	Zoë Wilmoth	07771 657670

DEANERY SYNOD ELECTED REPRESENTATIVES

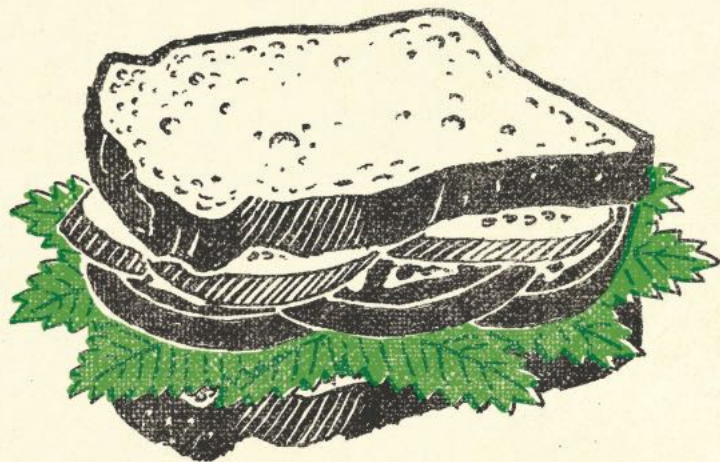
Brede	vacant	
Udimore	Zoë Wilmoth	07771 657670

PARISH GIVING SCHEME

Udimore	Jonathan Cornwell jonathancornwell@me.com
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Rear cover by Graham Johnson

Ancient phrases of Sussex
&
their modern translations



Naughty-Man's-Plaything
Stinging Nettle